

## Important Things to Remember

**DISCIPLINE** helps a child learn a lesson that will carry over and positively affect future behavior.

**ABUSE** affects the future in a negative way, leading to anger, hatred and more deviant behavior.

**DISCIPLINE** enhances the child's sense of self worth, helping the child learn self-control and thus becoming comfortable within the family and in society.

**ABUSE** robs the child of self-worth and causes him/her to feel outcast and resentful.

**DISCIPLINE** does not instill feelings of shame or guilt in a child.

**ABUSE** is instilling feelings of shame or guilt in a child, which satisfies the needs of the parents at the moment and destroys the self image of the child in a hostile manner.

**DISCIPLINE** is taught by example.

**ABUSE** is also taught by example.

### CHILDREN LEARN WHAT THEY LIVE

If children live with criticism, they learn to condemn.

If children live with hostility, they learn to fight.

If children live with ridicule, they learn to be shy.

If children live with shame, they learn to feel guilty.

**BUT.....**

If children live with tolerance, they learn to be patient.

If children live with encouragement, they learn confidence.

If children live with praise, they learn to appreciate.

If children live with fairness, they learn justice.

If children live with security, they learn to have faith.

If children live with approval, they learn to like themselves.

**AND.....**

If children live with acceptance and friendship,  
they learn to find love in the world.

